

Enrichment Classes

FALL 2018

Classes occur on days school is in session. If there is no school, there are no enrichment classes. Classes will begin **Monday, September 24th** and will run for eight weeks.

MONDAYS

Gymnastics with Ms. Katie of National Kids Gym

Grades: Preschool & Prekindergarten

Time: 3:15PM - 4:00PM

Price: \$190 / 8 Weeks

Ms. Katie returns with all of her great equipment to lead her fun and fast-paced class that challenges students to develop basic gymnastics and tumbling skills while enhancing teamwork, motor skills, and confidence amongst other things. Be sure to join if you've got a student who loves to move!

Gymnastics with Ms. Katie of National Kids Gym

Grades: Kindergarten - 2nd Grade

Time: 4:15PM - 5:00PM

Price: \$190 / 8 Weeks

Ms. Katie returns with all of her great equipment to lead her fun and fast-paced class that challenges students to develop basic gymnastics and tumbling skills while enhancing teamwork, motor skills, and confidence amongst other things. Be sure to join if you've got a student who loves to move!

Junk Modeling with Ms. Daly

Grades: Pre-Kindergarten - 1st Grade

Time: 3:30-4:15PM

Price: \$160 / 8 Weeks

Children can create and solve problems, and as a result, generate feelings of motivation and reward. This, in turn, supports them to develop self-confidence, self-concept, and identity. With these materials, they practice complex skills from fine and gross locomotor skills to higher executive functioning; skills such as sequencing, hypothesis testing, analysis, and evaluation. They will become creative innovators while bringing their wildest imagination to life.

Spanish with Ms. McKean

Grades: Preschool - Kindergarten

Time: 3:30PM - 4:00PM

Price: \$160 / 8 Weeks

¿Hablas español? No worries, Ms. McKean can teach you how. Numerous studies have proven the benefit of children learning a second language at a young age. Come and learn the basics of this romantic language with California native and Spanish speaker Ms. McKean. Your student will learn the fundamentals of Spanish, as well as an introduction into Latin American culture. *Será una fiesta.*

Jam Session with Mr. Ryan Kelly

Grades: Pre-Kindergarten - 2nd Grade

Time: 4:00PM - 4:45PM

Price: \$160 / 8 Weeks

Get in the groove with smooth jammin' Mr. Kelly. Learn to tap into your creative side by playing with the universal language of music. Using a variety of instruments and beat makers, students will learn the basic elements of creating music in a collaborative setting. It's a garage band, SPS style.

TUESDAYS

"Zen Kids" with Ms. Ham

Grades: Preschool - Kindergarten

Time: 3:15PM - 4:00PM

Price: \$160 / 8 Weeks

In this class, each child will learn age appropriate yoga poses and mindfulness exercises that will help encourage focus, inner peace, self-discipline, and creativity. Children will enjoy exciting activities like, mindful stories, breathing exercises, inspiring images, world music, and various meditation practices. They will expand their imagination and learn to play, create, and grow through the eyes of a Zen Kid!

Fun and Games with Ms. Daly

Grades: Pre-Kindergarten - 2nd Grade

Time: 4:00 - 4:45

Price: \$160 / 8 Weeks

Get your game face on, just not your serious one. Have a blast playing a variety of games with Mrs. Daly, including relay races and other team activities. Aside from having fun from getting a great

workout, students will learn the importance of teamwork and cooperation. You know this Ms. Daly, the fun is guaranteed.

Mix it Up with Ms. Petetti

Grades: Preschool - Kindergarten

Time: 3:15PM - 4:00PM

Price \$160 / 8 Weeks

Mix, chop, fry, bake, and everything in between. Join this popular class as you journey with Ms. Petetti to the kitchen every week to create something delicious, learn valuable lessons about nutrition and build some skills along the way.

Fitness Fun with Mr. Quinten

Grades: Preschool - Kindergarten

Time: 3:30PM - 4:15PM

Price: \$160 / 8 Weeks

Fitness Fun with Mr. Quinten

Grades: 1st - 4th

Time: 4:30PM - 5:15PM

Price: \$160 / 8 Weeks

SPS alum and fitness guru Mr. Quinten is ready to whip your students into shape with many fun and kid-friendly challenges. Imagine “kiddie boot camp!” Students will play a variety of sports games as well as activities designed to get you moving. A fantastic way to burn some energy at the end of the day.

WEDNESDAYS

Basketball with Mr. Ryan Kelly

Grades: Kindergarten - 2nd Grade

Time: 4:00PM - 4:45PM

Price: \$160 / 8 Weeks

Alley-oop! Join US basketball coach and slamma-jamma himself Mr. Kelly to play and learn fundamentals of Basketball.

THURSDAYS

“Make it Sew” with Ms. McKean

Grades: Kindergarten - 2nd Grade

Time : 3:30-4:15PM

Price: \$160 / 8 Weeks

A beginner’s sewing class for Kindergarten through 2nd grade with a twist. Students would learn 2-3 basic stitches, working with felt and plastic needles (at least at first, depending on their abilities). A fantastically fun way to increase fine motor skills! Students will complete at least three projects of small stuffed toys by the design over the course.

Flag football with Mr. Quinten

Grades: Preschool - Kindergarten

Grades: 1st & 2nd Grade

Grades: 3rd - 6th Grade

Time: 3:15PM - 3:45PM

Time: 3:45PM - 4:15PM

Time: 4:15PM - 4:45PM

Price: \$120 / 8 Weeks

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Fall means a return to the gridiron (or the SPS turf) for exciting football action. Play a safe and fun version of the game with Mr. Quinten, former defensive back, wide receiver, and current student of the game. Mr. Quinten will make football thrilling and accessible for all ages by teaching them the fundamentals of the game, as well as strong teamwork and communication skills.

FRIDAYS

Indoor Soccer with Mr. B

Grades: Preschool - Kindergarten

Grades: 1st & 2nd Grade

Grades: 3rd - 6th Grade

Time: 3:15PM - 3:45PM

Time: 3:45PM - 4:15PM

Time: 4:15PM - 4:45PM

Price: \$120 / 8 Weeks

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Mr. B is back again with his popular and exciting Friday favorite! Join him and fellow students each week as they travel to Old Pine Gym for some fun and skill building. They’ll be sure to get their final Friday energy out and start to develop a love for the game no question!

Hip Hop Dancing by Movemakers Philly

Grades: Kindergarten - 1st

Time: 3:30PM - 4:15PM

Price \$175/ 8 weeks

Grades: 2nd - 4th

Time: 4:30PM - 5:15PM

Price \$175/ 8 weeks

Introducing a brand new dance class brought to you by Movemaker Philly. Technique, cultural appreciation and physical competency are the highlights of these youth hip hop dance classes. The dancers learn how to apply themselves to a variety of musical forms as they learn the technique and vocabulary of Popping, Locking, Breaking, House Dance, Street Jazz, Pop, Hip Hop new and old school. Movemakers Philly hip hop dancers have a full and authentic immersion into hip hop dance.